

Step 3: Removing The Ring

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To begin removal, apply 2 sprays of lubricant and rotate the ring to distribute the lubricant underneath.

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The first and most effective technique for removal is the "Corkscrew Technique". Simply rotate the ring in a corkscrew motion down the finger. Remember, slow and steady.

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The next technique is the "Rocker". This is where you place your thumb on the bottom of the ring and two fingers on the top of the ring and "walk" the ring down the finger.

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If you are hung up on bunched skin, you can use counter-traction with your non-dominant hand to pull back any loose skin, while continuing to "Rock" the ring down the finger.

Step 4: Expert Tips

- You can complete up to four 5 minute rounds of compression to reduce finger size. Although more compression will not hurt the finger, there is a diminishing return beyond 4 rounds. It is most effective to do all rounds of compression before beginning removal.
- When using multiple rounds of compression, it is important to deflate the device and give it a quarter turn between rounds to ensure the finger is being compressed evenly.

Step 5: Cleaning The Device

After each use, wipe the device clean with 70% isopropyl alcohol or 0.5% accelerated hydrogen peroxide wipes and return to case.



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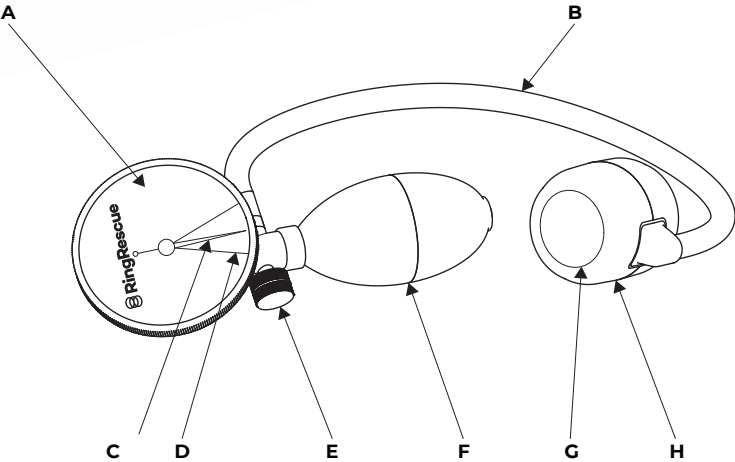
Quick Start Guide



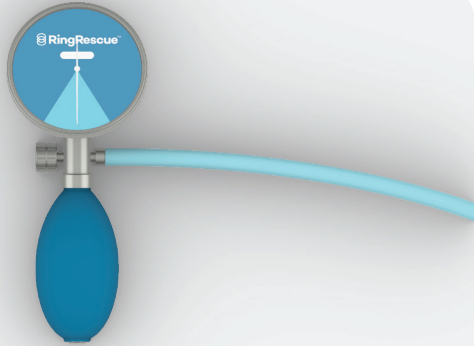
Compression Device

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Product Overview



- A - Gauge face
- B - Hose
- C - Pressure Indicator Needle
- D - Suggested Pressure Target Zone
- E - Pressure Relief Valve
- F - Bulb
- G - Internal Bladder
- H - Finger Cuff





The Ring Rescue Compression Device is a non-destructive solution for the removal of stuck rings.

The device temporarily shrinks finger size to allow the professional to manipulate the ring off intact. This device is most effective in cases where the ring has been stuck for 5 days or less.



If you prefer video instructions, please scan the QR code to the left or visit ringrescue.com/tutorial to watch the training video.

Step 1: Getting Started

- 1  Provider put on gloves.
- 2  Push ring as close to the base of the finger as possible.

Step 2: Compressing The Finger

- 3  Place the finger cuff on finger, close to but not over the ring. Ensure you are compressing the finger, not the ring.
- 4  To inflate cuff, turn the valve clockwise and squeeze bulb until the dial has made one full rotation and is back in the light blue "target" zone.
- 5  5 Minutes Have the patient elevate their hand and leave the device on the finger for one 5 minute round of compression.
- 6  Once the 5 minutes is complete, turn the valve counterclockwise to deflate and remove the cuff from the finger. If after the first round of compression the finger is still very swollen, steps 3-6 can be repeated 2-3 times before attempting removal to give you the best chance of non-destructive removal.

Instructions continue on back side.